



The Polytechnic Journal

San Luis Obispo, California

October, 1908



California Polytechnic School
 San Luis Obispo, Cal. Oct. 1908

FACULTY AND STUDENT BODY, OCTOBER, 1908.

Allen
 Davis

The Polytechnic Journal

VOL. FOUR

OCTOBER, 1908

NUMBER ONE

The Value of Domestic Science in a Girl's Education



Commencement Paper, by Mary F. Cheda, '08

Among the educational movements which, in recent years, have been brought before the public, none has been accorded greater interest than the attempt to introduce into the schools for girls and women, a systematic course in the arts which are practiced in the home.

Domestic Science has now been given a well deserved place in many of the schools and colleges of the country, principally in the agricultural colleges and State Universities of the Middle West. Three State institutions are pioneers in this work: Iowa, Kansas and Illinois, Iowa being the first. Iowa State College opened March 17, 1869. The beginning was small, but little by little women began to learn the value of home economics and there has been a steady advancement. Today we find Domestic Science schools, along with the agricultural, all over the country, and courses in cooking, sewing and other branches of home work in many of the grammar grades of the city schools. It is even being agitated for rural schools and several inexpensive equipments for teaching the work in such schools have been devised.

In these progressive times when women are on the same footing as men, along educational lines, the home is

apt to be forgotten in the struggle for higher education and a career.

Many people think a girl can learn housework at home. This may apply to people living in rural districts, but what about people living in cities, where there is, in some cases, practically no home life. For instance, the family lives in an apartment house and takes meals out, at a restaurant or elsewhere. A girl in this case has very little opportunity to learn anything of the home and home duties. Again, country girls do not always learn the best way of doing things. In domestic science, as in all other sciences, new truths are discovered and developed constantly, as well as new methods devised. How are women to learn these things unless they are taught in schools and unless they keep up with the times?

Some girls have a distaste for housework, thinking that women of refinement do not do such work. However, when a course is given as part of the school curriculum, and each girl does her work with a live interest, this false idea is lost.

In a Domestic Science course the students learn not only the best methods of doing things required by the daily needs of home life, but also the

reasons why certain things are to be done and others avoided.

It has been said that Domestic Science has for its chief object the teaching of the fourth R, right living. This means present-day knowledge of science applied to the home.

Mrs. Mary E. Williams, supervisor of cooking in the public schools of New York City, describing her work, said that girls who take Domestic Science pass better examinations in other subjects, both in the grades and in high schools. In many cases, principals have given personal expression to the worth of this study.

Mrs. Mary D. Smithers, of Pratt Institute, Brooklyn, testifies to the vitalizing influence the study of cooking and sanitation gives to the sciences of chemistry and physics, while the study of the sciences helps to solve many problems of life.

C. F. Langworthy, expert in nutrition, United States office of Experiment Station, says:

Home Economics or Domestic Science, though as old as the world in practice, is one of the very few new subjects in technical education, and certainly one of the most important. The facts taught under this heading must be based on experiment or experience, which is often involuntary experimenting, much data being of course borrowed from the general educational store, which includes drill in language, letters, mathematics and other fundamental branches."

One trouble with our domestic system is that women do not put in the right proportion of essentials and non-essentials. Until the past few years they have had no help in doing this. The so-called ladies' journals, with but few exceptions, have given little aid.

After visiting a cooking school, wo-

men have been heard to say: "If I only had the convenient utensils to work with that you have, I would love to cook." We possess those things which we really want most. Too often the desire for fine clothing and ornament have overcome the desire for the essentials of a convenient kitchen. No woman likes to cook if her kitchen is the dreariest room of the house and equipped with worn-out utensils.

Some people think a course in Domestic Science teaches a girl extravagance. Such is not the case; instead, economy is taught: Economy in buying, cooking and the use of one's time to the best advantage. A study of Domestic Science and dietetics teaches a woman the principles of nutrition.

Men spend much time and money in studying the right kind and proportion of foods to develop the best qualities in domestic animals. Is it not of far more importance that our boys and girls should be so nourished that their best physical and mental qualities will be developed?

A woman may do her own work and still be refined, but if she has servants her training in home economics will enable her to better direct them and see that things run smoothly in the household.

Mrs. Ellen H. Richards, the woman who is generally considered the foremost worker in the development of home economics in these later years, interprets its present status as follows:

"Home economics stands for the ideal home life of today, unhampered by the traditions of the past, the utilization of all the resources of modern science to improve the home life, the freedom of home from the dominance of things and their due subordination to ideal, the simplicity in ma-

terial surroundings which will most free the spirit for the more important and permanent interests of the home and of society."

We cannot live on ideas alone, however valuable and uplifting they may be. Nature, it seems, demands that we put forth some practical effort to earn a living. All must work, or those who do toil must support themselves and those who do not work. In order to have an appetite for dinner one must

first earn his dinner. If you would sleep at night, you must first pay for sweet sleep by physical labor. We prepare to live, not by thought alone, but by living. Does it not follow that a young woman, for instance, may be versed in music and art, she may be acquainted with biology and bacteriology, and yet unless she has learned how to cook and serve food properly and furnish a house, she cannot make a genuine and successful homemaker.

The Polytechnic at the State Fair

The Polytechnic School made a good showing at the State Fair at Sacramento this fall. The stock exhibit consisted of five registered Percheron mares and fillies and one registered Clydesdale mare, Patroness, three years old, and imported indirectly from Scotland. She was awarded a blue ribbon.

Dolores, the nine-year-old Percheron mare, and her four-year-old daughter, Dolores Princess, showed in the same class. Dolores was granted first premium and her daughter second.

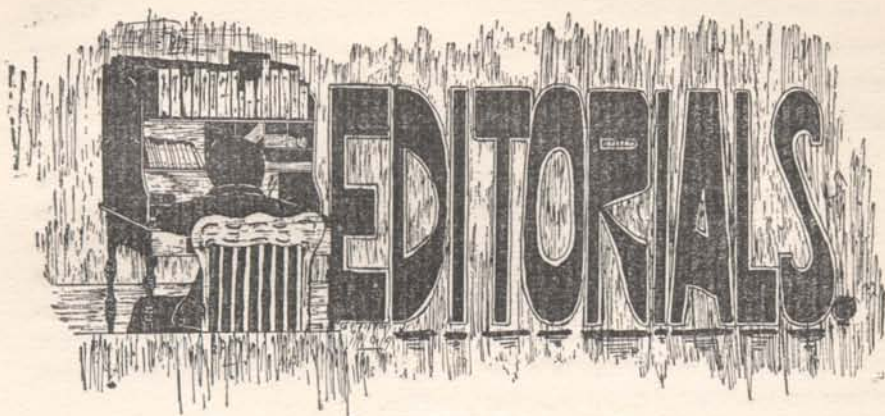
Dolores Jeanette, another daughter of Dolores, showed in the three-year-old class and was given second place.

Dolores Fantine, Dolores' two-year-old daughter, was given a first premium, as was also Dolores Babette, a yearling colt from the same mare.

These two were also shown with the mother as a family and received the first premium award for this.

Thus the six animals won five first premiums and two second places. However the cash prizes offered by the State Fair Association were very small, our seven awards amounting to only \$86. When \$1,681 is paid to the winner of a trotting race and only \$19 or \$15 can be paid for a first-class draft animal, it shows a policy not apt to build up the true agricultural interests of the State.

The school's industrial exhibit in the fair pavilion was arranged by Mr. I. J. Condit. Besides models of wood and iron work, there were about thirty large photographs showing the equipment and work of the school.



The Polytechnic Journal

Published Monthly by the Student
Body of the California Poly-
technic School.

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TERMS

Subscription.....75 cents per year
Advertising rates on application to
the Business Manager.

This, the first issue of the Journal for the year 1908-9, being published by a new staff, we hope that our critics will not be too severe. However, as suggestions are received—and they will be welcome—and the staff increases in experience, we trust that the paper will improve.

We wish to impress upon everyone interested in this school—and that means every member of the faculty and student body as well as others—that it is their duty as well as privilege to support the school paper. One of the paper's chief objects is to put in printed form the history of the school as it is made from month to month. Entertainment will be provided by short literary articles and joshes.

Another point to which we especially wish to call the attention of our friends is the advertising which the paper gives the school. An attractive, well-supported school paper is one of the best drawing cards the school can have.

As we come into closer contact with the business interests of San Luis Obispo we are more and more impressed with the fact that they are becoming keenly appreciative of the financial benefits of having at their doors a State institution which brings to their little city several thousand dollars every month. They are peering into the future and see the wonderful institution which shall develop from our now infant school.

Those especially who have been connected with the school are rejoicing in its rapid extension, the improvement of its equipment and the healthy growth in the size of the faculty and student body. The prospects are good for a graduating class next June much larger than any of the preceding classes.

All of us being interested in knowing just how our graduates are "mak-

ing good for Polytechnic," we hope, if developments are satisfactory, to give accounts of them in later issues of the Journal.

While the seniors were enjoying the initiation of the freshmen into the Athletic Association the few representatives of the alumni who were present tried to make their hearts quake by reminding them of the terrors of the alumni initiation next June.

SCHOOL NOTES

Since the opening of school last month we have had the good fortune to have two prominent men address the school. Hon. Edward Hyatt, the State Superintendent of Public Instruction, told of his official visits to various parts of the State and of the various educational institutions he has examined. His talk was interesting, and we hope to see him again soon.

A few days after Mr. Hyatt's visit Prof. H. A. Adrian, City Superintendent of Schools of Santa Barbara, addressed the students in his usual admirable style. He spoke with glowing enthusiasm of the work of Luther Burbank and especially emphasized a statement which the "plant wizard" made in relation to his work: "Neither money, nor honor, nor power shall persuade me to let anything leave my hands until it is as perfect as I can make it."

Mr. C. W. Rubel, our farm manager and instructor in animal husbandry, has been up to his old trick of being called away to judge stock at county fairs. This is only one of the things which tend to show the important place the school is taking in the affairs of the State.

The new poultryman, Mr. Coleman,

has made a hit with the fellows by his active interest in football and the Glee Club.

Mr. Johnston is filling the position of instructor in carpentry made vacant by Mr. O. L. Heald's return to college.

After a year's leave of absence for the benefit of her health, Miss Harriet Howell has resumed her work as instructor in sewing, dressmaking and millinery.

Dr. Anderson, the former director of the Polytechnic School, who is now in charge of the University Farm at Davis, is a frequent visitor to the scene of his former labors.

Among the alumni in town the day of Buffalo Bill's show were Messrs. Valenti Dolcini, '08, Avery B. Kennedy, '08, Henry Wade, '06, Ben Miossi, '08, and Alfred Miossi, '07.

Myron Thomas, '07, took part in the military maneuvers at Atascadero as a member of Company M, Riverside.

Eugene Steinbeck, '07, was recently for a few days the guest of his brother, Will Steinbeck.

Alfred Dixon, '08, is an assistant in the large model dairy on the State University Farm at Davis.

Roy Luchessa, '08, is attending Heald's Business College in San Francisco.

Ida Bachman, '08, was engaged several days this month sewing for the dormitory.

Clara L. Stringfield, '08, Irene and Laura Righetti, '06, Florence Muscio, '07, Hunter Stringfield, '07, and Mary Cheda, '08, are frequently seen in town and about the school.

Ruth Gould, '08, is teaching school in See Canyon.

George Lisk, a former Polytechnic athlete from Pasadena, was in town a few days this month.

After spending about two years at Polytechnic, Evan Brown has been for over a year managing his father's 5,000-acre stock and grain ranch in the northern part of this county.

DEBATING

The Polytechnic School Debating Society was reorganized soon after the opening of the school year. The officers elected were as follows:

Irving Davis—President.

Miss Hazel Wood—Vice-President.

Lee McDowell—Secretary-Treasurer.

Besides these officers there were four others appointed by the President to act as a program committee.

This committee met and a practice debate was arranged for Friday, Oct. 9. The question decided upon was: "Resolved, That woman suffrage should be adopted throughout the United States."

On the date set this practice debate came off in Assembly Hall. There were three speakers on each side and each had five minutes in which to speak. The affirmative won.

On Oct. 5 the San Luis Obispo High School submitted the two following questions:

1. "Resolved, That the United States Government should guarantee the bank deposits."

2. "Resolved, That the State Government, instead of the National Government, should have full power in regulation as to railroads."

The contests for 1908-1909 have been arranged as follows: Dec. 4, 1908, Polytechnic School vs. San Luis Obispo High School.

Dec. 5, 1908—Arroyo Grande vs. Santa Maria at Arroyo Grande.

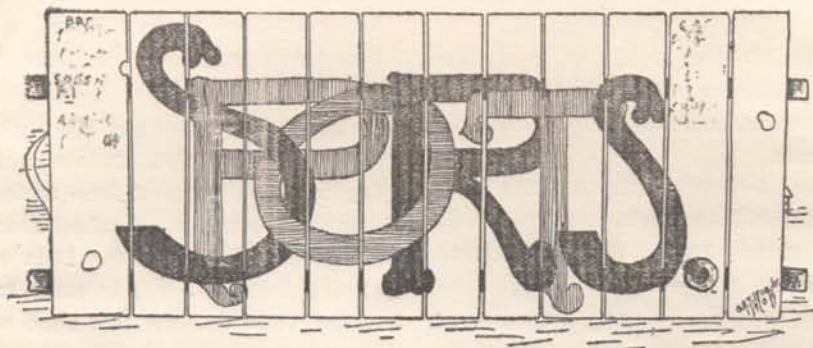
The two winning teams in these contests will meet at Santa Maria some time after Christmas.

The series will be one of the most interesting and hotly contested debates that the school has seen.

The Polytechnic School has been victorious for two years, and as the first school in the league to win the championship three years is to come into permanent possession of the large silver cup given by The Telegram, it is only necessary for Polytechnic to win one more season's championship.

In order to do this, however, it will be necessary to do some hard and persistent work.

Some one has to do this work, and one or two cannot do it all. It is up to the Debating Society and the school as a whole to furnish volunteers for this work. Come out and try. Those who do not make the team will have the satisfaction of knowing that they helped the cause along. Let's win the cup.



Athletics started off this season with more interest than ever before. Capt. Donald Cox already has an energetic squad of football men about him. Manager Pezzoni has corresponded with teams of the north and expects to get a number of games. The schedule so far is:

Nov. 26—Polytechnic vs. San Luis.

Dec. 12—San Luis vs. Polytechnic.

Capt. Hopkins, of the basketball team, always has enough players for two teams and each evening sees hard practice, with a good bunch of rooters on the side lines.

The girls are doing hard work in the same line, with Miss Gould as captain and Miss Chase as coach. They will turn out a better team this year than ever before. The last of September delegates from the four schools in the league met and arranged the following basketball schedule:

Oct. 17—Santa Maria vs. Arroyo Grande (girls) at Santa Maria. Polytechnic vs. San Luis (boys) at Polytechnic.

Oct. 24—San Luis vs. Polytechnic (girls) at San Luis.

Oct. 31—Santa Maria vs. Arroyo Grande (boys) at Santa Maria.

Nov. 7—San Luis vs. Santa Maria (girls) at San Luis. Arroyo Grande vs. Polytechnic (boys) at Arroyo Grande.

Nov. 14—Polytechnic vs. Arroyo Grande (girls) at Polytechnic. Santa Maria vs. San Luis (boys) at Santa Maria.

Nov. 21—Santa Maria vs. Polytechnic (girls) at Santa Maria. Arroyo Grande vs. San Luis (boys) at Arroyo Grande.

Nov. 28—Arroyo Grande vs. San Luis (girls) at Arroyo Grande. Polytechnic vs. Santa Maria (boys) at Polytechnic.

Last, but not least, comes tennis. Every Saturday contests take place on the court between the boys of the dormitory and the boys living in town. At a meeting of the Athletic Association on the 7th of October, A. Dixon was elected tennis captain and manager. The tennis schedule is as follows:

Oct. 24—Santa Maria vs. Arroyo Grande (girls) at Santa Maria. Santa Maria vs. Polytechnic (boys) at Santa Maria.

Oct. 31—Polytechnic vs. San Luis (girls) at Polytechnic.

Nov. 7—Arroyo Grande vs. Polytechnic (girls) at Arroyo Grande. Santa Maria vs. San Luis (boys) at Polytechnic (10 a. m.)

Nov. 14—Santa Maria vs. San Luis (girls) at Santa Maria. Polytechnic vs. Arroyo Grande (boys) at Polytechnic.

Nov. 21—Arroyo Grande vs. San Luis (girls) at Arroyo Grande.

Nov. 28—Polytechnic vs. Santa Maria (girls) at Polytechnic. Arroyo Grande vs. San Luis (boys) at Arroyo Grande.

Dec. 5—Polytechnic vs. San Luis (girls) at Polytechnic. Arroyo Grande vs. Santa Maria (boys) at Arroyo Grande.

Mr. Condit, our able supporter of athletics, put before a meeting of the boys the proposition for all those who are not taking an active part in athletics to take up gymnasium work. The plans are not matured, but judging from the hearty approval with which the proposition was received it will not be long until training begins.

It was decided at a meeting of the Athletic Association that a block letter "P" be given to each player on an interscholastic athletic team.

BASKET BALL GAME.

Saturday, Oct. 17, the first league game of basketball was played between the boys of the local High School and Polytechnic on the Polytechnic grounds. Polytechnic won by a score of 20 to 9. Prof. Boston, of Santa Maria, umpired a good game.

CLASS ACTIVITIES.

The Senior class organized this year with the following officers:

President—Harvey L. Hall.

Vice-President—Hertha Schulze.

Secretary-Treasurer—Irving Davis.

A number of class meetings have been held and the matter of getting catalogues and samples from which to choose the class pin is well under way.

The Juniors also held a meeting for the election of officers. Their election resulted as follows:

President—William P. Joplin.

Vice-President—Anson Jackson.

Secretary-Treasurer—Edgar Duncan.

The freshmen are beginning to lose their green appearance and are rapidly becoming true Polys. It is encouraging to see so many of them taking an active interest in the school Journal, debating and athletics. It is to be hoped that there will be many interesting class contests this year, as they are always full of interest and develop a great deal of good material for the school teams.

GLEE CLUB.

A Glee Club has been organized in the Polytechnic School and has for its officers Harvey Hall, President; Mr. Coleman, Secretary-Treasurer, and I. J. Condit, leader. This club meets twice a week, on Tuesday afternoon at the school and on Friday night in San Luis Obispo.

Mr. Condit, Mr. Coleman and Mr. Tavenner have been chosen to select the music for the club. All those who can should join and receive some of the benefits derived from it.

EXCHANGES.

School has again opened with the usual re-election of the Journal staff. Although we are just taking up the work, we will endeavor to make it worthy of notice.

As yet we have received few exchanges, but hope to hear from all our old as well as many new ones.

We hope our journal will be duly criticized, so that it may be improved. We will be glad of any criticisms or suggestions, and hope our criticisms will be taken in the spirit in which they are intended.

Social Happening

It has been the custom ever since the beginning of the Polytechnic School to give a reception at the beginning of the year by the old students, welcoming the "Freshies" to the institution.

Saturday evening, Sept. 19, the usual reception was given, which proved to be the best of its kind. The first part of the evening was spent in getting acquainted. Seats were arranged in the drawing room and under the direction of LaRue Watson several topics were discussed alluding to school life, and various other topics just as interesting.

At 9 o'clock all those wishing to dance were taken to the Assembly Hall, where, to the music of St. Clair's orchestra, they whirled the hours away.

Those not wishing to take part in dancing remained in the drawing room, where, with the assistance of LaRue Watson and Edward Curl, many games were played, each one proving better than the one before. A short literary and musical program was also rendered.

Refreshments were served in the drawing room at the close of the evening, every one leaving soon after, pronouncing the Seniors and Juniors royal entertainers.

Friday night, Sept. 25, proved to be an evening of great amusement to the old members of the faculty and student body. A large number of the freshman class and three new members of the faculty joined the Athletic Association. The tasks given the girls were easy, although some proved rather unruly to the initiators. But every girl proved herself equal to the task given her.

Although many of the boys had an idea of what was coming, none were wise to the "consumption cure," or Knudsen's patent spanker. The stunts laid out for the boys were many and it took good fellows to stay with them.

The hall had a weird appearance, due to the shading of lights and the curious objects arranged around the room, which made even the old students shudder and think of days gone by. The bones of the by-gone freshmen caused many poor "Freshies" to open their eyes in wonder.

The initiation, which made every one in the hall a member of the A. A., was over at 9:45 o'clock. The floor was cleared and dancing prevailed the rest of the evening, music being furnished by students of the school. Every member went home thinking initiation was not so bad after all.



JOSHES

Oh Dutch stood on the burning deck,
And as far as we could learn
He stood in perfect safety,
For he was too green to burn.

The side-burns which the Kids have
grown

Were not attained by sudden flight.
They, while other beards were shaved,
Were toiling outward in the light.

"The time to succeed is when others
Discouraged, show traces of tire;
For the battle is fought in the home-
stretch,
And is won 'twixt the flag and the
wire."

Your opportunity is here. Grasp it!

"Profs. C. and J. would have had
better luck If some of the ducks they
shot at had been real instead of de-
coys."

O. B. J.'s favorite piece:
"Freshmen may come
And Seniors may go,
But I go on forever."

James W. (bright student in Ani-
mal Husbandry): "Is it necessary for
a horse to puts its feet out in front of
him in order to travel?"

We expect Wheeler King and Robt.
Shaw to win in the sprints this year
if the proper incentive is given. Til-
ton and Hopkins tried them out and
they say the time they made was won-
derful.

Monday—The students consent to
let the faculty have a holiday to see
the sham battle at Atascadero.

Tuesday—The faculty attend the
circus in a body.

Freshman Smith, commonly known
as Smiles, to Prof. Edwards: "Why
can't we have soil period changed
from the fourth period in the after-
noon to the first? It makes too long
a wait for us fellows?"

Prof. Edwards: "Schedules are made
up by the faculty for the students, and
not by the students for the faculty,
and the freshmen have to take what is
left over."

Some one says he even went so far
as to write to Sacramento.

One of our Poly boys stepped into a
hardware store and asked the clerk
for a razor.

Clerk: "What kind, a safety?"

Poly boy: "I want it for society
purposes."

MISCELLANEOUS

Just as we go to press we learn that Polytechnic has chosen the negative of the question: "Resolved, That the United States Government should guarantee the bank deposits." A number of students are hard at work preparing for the tryouts and doubtless before this number of the Journal reaches its readers the team will be chosen.

Ernest Curtis, '08, is studying horticulture at Michigan Agricultural College, Lansing, Mich.

Problem: If it takes two cow-hides to make a pair of shoes for a snake, how many gallons of water will it take to make an umbrella for a fish?

Prize rewarded for the best answer.

"E. Awl signs his name as Freshmen Awl, but finds he isn't quite so many."

Vivian Huyck, for two years a Polytechnic student, has become Mrs. Elmer Grove.

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